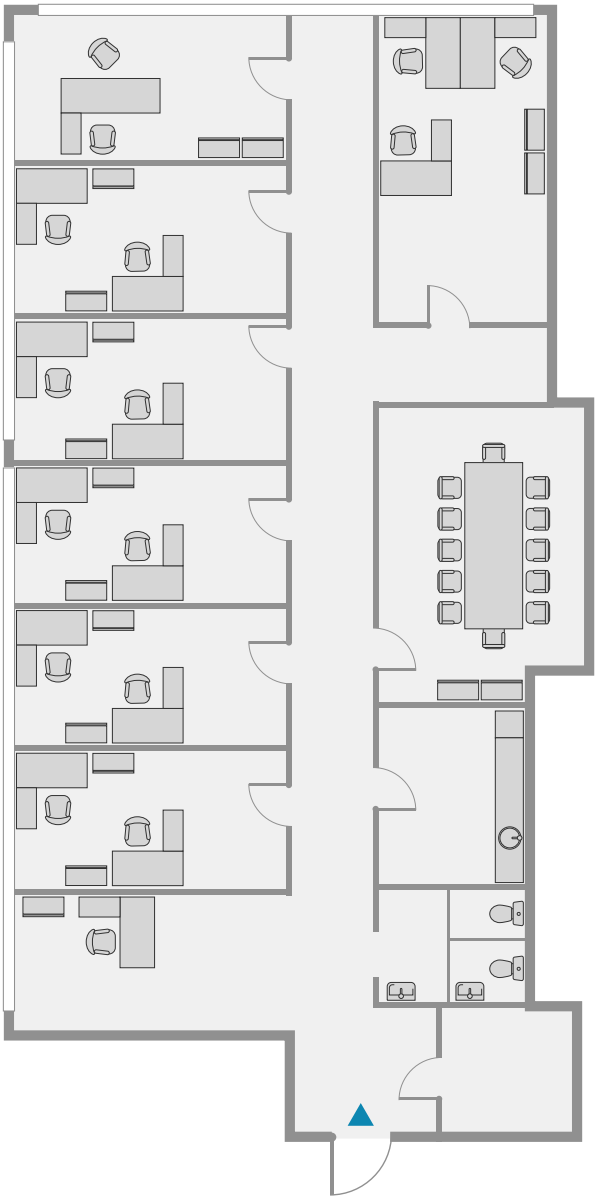4-A